

Sleep/Activity Log

Use the key at the bottom of the page to depict the time of the crash and the sleep/wake/duty times for the pilot in the days leading to the crash. Start with the day/date of the crash fill in the 3 preceeding days along the left. Then, interview the pilot about the time he/she began and ended each duty period and sleep period for each day before the crash. Include naps as well as main sleeps. Enter any comments in the space below the timeline.

Accident Number: _____

Accident Date: 21 Aug 2018

Date Completed: 25 Aug 18

Pilot Name: Michael Warren Hawley

ASI Name: _____

Source Codes: _____

Time	0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23
Day: <u>Saturday</u>																								
Date: <u>8-18-18</u>	Comments																							

Time	0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23
Day: <u>Sunday</u>																								
Date: <u>8-19-18</u>	Comments																							

Time	0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23
Day: <u>Monday</u>																								
Date: <u>8-20-18</u>	Comments																							

Time	0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23
Day: <u>Tuesday</u>																								
Date: <u>8-21-18</u>	Comments																							

EXAMPLE

Time	0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23
Day: <u>Monday</u>																								
Date: <u>2/18/08</u>	Comments																							

KEY: ↓ = went to bed ↑ = woke up = asleep = on duty x = crash